



Regenerating One Day Retreat by Clinique La Prairie

Healthy Breakfast

A Longevity nutritional consultation (60 minutes)

Longevity drink

An advanced massage (60 minutes)

Longevity Cuisine Lunch at The Rosebery

True Skin Age Consultation (30 minutes)

An Anti-Aging Facial treatment (60 minutes)

Upon Departure meet with Spa & Wellness Director

Longevity Cuisine Evening Dinner at The Rosebery

A Holistic Health Age Defy 2-month supply of Clinique la Prairie supplements.

One-to-one remote follow up consultation with Mandarin Oriental Hyde Park, London

Nutritionist

Retreat £1,650

To get the most out of your retreat, why not combine with an overnight stay with the best available room rate.